

Cognitive Architecture

rethinking thinking



HABITS OF MIND

DEVELOPING INTELLIGENT BEHAVIOURS

An important process for self-development is to learn about the ways in which we think, and how to foster "intelligent behaviours". By engaging with the sixteen Habits of Mind when faced with questions to which the answers are not immediately known, we ensure more effective, more significant, and more powerful answers.

'We are what we repeatedly do. Excellence, then, is not an act but a habit.' Aristotle



11 MAY 2018 - BRISBANE, QLD - COST \$289+GST

FOR MORE INFORMATION CALL +61 498 642 192

admin@cognitivearchitecture.com.au

www.cognitivearchitecture.com.au

HABITS OF MIND

The aim of this one-day course is to provide you with a comprehensive overview of the intelligent behaviours and attitudes outlined in the sixteen Habits of Mind created by Art Costa and Bena Kallick.

The goal is to begin creating a common language around the sixteen habits of mind that will ultimately lead to more intelligent choices when faced with difficult decisions, dilemmas or problems.

By the end of the course you will:

- ◆ have discovered the meaning behind each Habit of Mind and why they were created;
- ◆ understand how these habits improve intelligent behaviours;
- ◆ have self-assessed your individual personality profile using Jungian theory;
- ◆ review your own work place / classroom / home and be able to identify habits and incorporate strategies that will enhance intelligent problem solving.

This course is for: early career teachers, teachers of all subjects, well-being co-ordinators, heads of pastoral care, school leaders, education professionals in all sectors.



Facilitator: **Susan Presto**

Susan began teaching in 2004 after a career as a filmmaker in Australia and as a chef on board private yachts sailing the Caribbean and Coast of USA. She has held positions in Leadership and Innovation for Wellbeing Development and Learning Dispositions in schools as well as teaching and studying Writing.

She has attained Teaching and Communication qualifications at Queensland Universities and is currently completing a PhD in Creative Writing at Griffith University on the Gold Coast, QLD.

Susan is a qualified MBTI Practitioner with over 6 years experience working closely with elite sporting teams and high schools on the Gold Coast using Jungian Theory to enhance team dynamics, specifically: team work, decision making and communication.

Register Now

1 day (6 hour) training event on:

Friday 11 May 2018 (Novotel Brisbane Airport, QLD)

\$289+GST per person

